



# The Kelsey Coalition

Working to change the systems that failed our kids

## **Mother Coerced by Gender Clinic to Put Autistic Teen on Puberty- Blocking Drugs**

I was shocked when my 13-year-old daughter told me she was my transgender son. This made no sense. She had no masculine interest & hated all sports. But as a smart, quirky teen on the autism spectrum, she had a long history of not fitting in with other girls.

I later learned she got the idea she was transgender from a school presentation. A school where over 5% of the entire student body called themselves trans or nonbinary. Where several students were already on hormones. Where one had a mastectomy at the age of 16.

So I took her to a gender clinician seeking expert guidance. Instead, he accepted her new identity and told me I must refer to my daughter with male pronouns, call her by a masculine name, & buy her a binder to flatten her breasts. No therapy or consideration of the social factors that obviously affected her thinking. I was directed to put her on puberty blockers...and was falsely assured that these drugs were well-studied, and a perfectly safe way for her to “explore gender.” I was told that if I did not comply, she would be at higher risk of suicide.

I have nowhere to go for proper help. Therapists are actively trained and socially pressured not to question these increasingly common identities. I have learned that in many states it is now against the law just to question a child’s belief. They are calling this “conversion therapy.”

I have been living this nightmare for over four years. And despite my best efforts, my daughter plans to medically transition when she turns 18 later this year.

Parents like me must remain anonymous not only to maintain our children’s privacy, but because we face legal repercussions if our names are revealed. We risk being reported to Child Protective Services and possibly losing custody of our children. It is unbelievable and scary that this is actually happening. And as a Democrat, I can’t believe what my party is doing by passing laws that actually ban therapists from helping kids and pushing school policies that keep parents in the dark when their children change their name and pronouns. I hope they will wake up soon to the fact that they are complicit in harms to vulnerable kids like mine.